Did you know you can send yourself into the future?

If you write down what your life is like now, when you grow up you will remember what you know now and your children and grandchildren will be able to learn what your life was like when you were their age.
All About Me

My name is ___________________________

I was born in ______________________ in the year ________
on the day ______________________ in the year ________

Today’s Date ________________________

Paste a copy of your picture here, or draw a self portrait

Picture Date ______________________ Place ______________________
My Autograph

My Name Was Chosen For Me Because...

I was named after...

I sometimes go by the nickname....

because...
My Family

Paste a copy of your family’s picture here, or draw family portrait

Picture Date___________________ Place________________________

My Family Members     Their Relationship to Me

Draw a line from each family member’s name to their picture
A Day In My Life

This is what happens to me in a regular day.

Be sure to include as many details as you can like each subject in school, after school activities, friends and what you ate.
My Room

Draw the layout of your room. Be sure to include all the furniture and doors and windows.

Bed door window dresser desk mirror books toys closet
My Home

Draw the floorplan of your house. Include the kitchen, your bedrooms, and any other rooms with their windows and doors and furniture.

You can also draw or paste a picture of the front of your house here.
Draw a map of your neighborhood. What are the names of the streets? Where do your friends live? Put their name by their home.
## Other Places I’ve Lived

<table>
<thead>
<tr>
<th>Address</th>
<th>The Time I Lived There</th>
<th>Picture</th>
</tr>
</thead>
</table>

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My Favorites

Friends
Color
Food
Books
Music
Favorite Subject in School
Least Favorite Subject in School
Other Favorites
My Memories

My Earliest Memory

My Favorite Memory

My Favorite Vacation

The Funniest Thing I Have Done

The Most Embarrassing Thing I Have Done

I Am Really Good At
My Timeline

Date       Age       Event
0          I was born
Now
Special Events In My Life

The story of what happened...

_______________________________

_______________________________

_______________________________

_______________________________

_______________________________

_______________________________

_______________________________

_______________________________

_______________________________

Paste a picture copy of the event here, or draw a portrait

Picture Date___________________

Place________________________

The story of what happened...

_____________________________________________________________________

_____________________________________________________________________

_____________________________________________________________________

_____________________________________________________________________

_____________________________________________________________________

_____________________________________________________________________

_____________________________________________________________________

_____________________________________________________________________

Make as many copies of this page as you need.
My Future

What the world will be like when I grow up.

What my family will be like when I grow up.

My dreams and goals.
Oh Yeah? Prove It.

Documents are used to prove what happened in the past. What documents have come from your life that will prove to someone in the future that you were alive?

Paste two envelopes here:

In this envelope, put documents from your life, like copy of your report card, a letter, a newspaper clipping, a copy of your birth certificate or anything else that documents your life.

In this envelope, put items that illustrate your life, such as photos, stories you’ve written, pictures you’ve drawn or other precious things that you want to send into the future.
Now you get to travel to the past, to meet your Grandmas and Grandpas. By learning about them and understanding what their life was like, you learn and understand more about yourself, and your family now. See if you can find out what their report cards were like, what kind of trouble they got into, what their birthdays were like, and what their thoughts and dreams were for the future. Let’s get going...
My Family

Generation One

List Dad’s
Brothers and Sisters Here

Me

List Brothers and Sisters Here

List Cousins
From Your Dad’s Side Here

Generation Two

My Father

My Father’s Father

My Father’s Father’s Father

My Father’s Father’s Father’s Father

My Great Grandfather

My Great Grandfather

My Great Grandfather

My Great Grandfather

Generation Three

My Father’s Mother

My Father’s Mother’s Father

My Father’s Mother’s Mother

My Mother’s Father

My Mother’s Father’s Father

My Mother’s Father’s Father’s Father

My Mother’s Father’s Father’s Father’s Father

My Great Grandfather

My Great Grandfather

My Great Grandfather

My Great Grandfather

Generation Four

My Father’s Mother’s Mother

My Mother’s Mother

My Mother’s Mother’s Father

My Mother’s Mother’s Mother

My Mother’s Mother’s Mother’s Father

My Mother’s Mother’s Mother’s Mother

My Great Grandfather

My Great Grandfather

My Great Grandfather

My Great Grandfather

Other pages in this book will be the same color for each person. For example all the orange pages will be about your Mother.
My Family

Generation Five
16 People
My Father’s Father’s Father’s Parents
My Great Great Grandparents

Generation Six
32 People
My Great Great Great Grandparents

Generation Seven
64 People
My Great Great Great Great Grandparents

Generation Eight
128 People
My Great Great Great Great Great Grandparents

Color in all the people you know something about.
Families are made up of many people. There are Moms and Dads, Brothers and Sisters, Step Parents, Step Brothers and Sisters, Grandmas and Grandpas, Aunts and Uncles, and many, many Cousins. Draw a picture including every living family member you know.
Put a teal star where your Father was born,
Put an orange star where your Mother was born,
Put a blue star where your Father’s Father was born,
Put a red star where your Father’s Mother was born,
Put a green star where your Mother’s Father was born.
Put a yellow star where your Mother’s Mother was born.

Choose another color for the birthplaces of other grandparents you know. Color them in on the pedigree on the pages before and list them here:
Interview

My Father

Who are your parents and brothers and sisters? What were their personalities like?

What is your most vivid childhood memory?

What was your favorite thing to do when you were young?

How is the world different than it was when you were a child?

How did you meet my Mother?

What is your proudest moment as my father?

What were your schools and your jobs like?

What accomplishment are you most proud of?

What is the happiest moment in your life?

What is the most important lesson you have learned in your life?
My Father’s Timeline

Date | Age | Event
--- | --- | ---
0 | 0 | My Father was born

Now Prove It
Paste an envelope here for documents from your Father’s life, like a copy of his report card, a letter, a newspaper clipping, a copy of his birth certificate, marriage certificate or anything else that documents your Father’s life.
Interview

My Mother

Who are your parents and brothers and sisters? What were their personalities like?

What is your most vivid childhood memory?

What was your favorite thing to do when you were young?

How is the world different than it was when you were a child?

How did you meet my Father?

What is your proudest moment as my Mother?

What were your schools and your jobs like?

What accomplishment are you most proud of?

What is the happiest moment in your life?

What is the most important lesson you have learned in your life?
My Mother’s Timeline

Date: 0  
Age: My Mother was born

Now Prove It

Paste an envelope here for documents from your Mother’s life, like a copy of her report card, a letter, a newspaper clipping, a copy of her birth certificate, marriage certificate or anything else that documents your Mother’s life.
Interview

My Father’s Father

Who are your parents and brothers and sisters? Where was your family from?

What was your favorite thing to do when you were young?

How is the world different than it was when you were a child?

How did you meet my Grandmother?

What is the biggest choice that changed your life?

What were your schools and your jobs like?

What accomplishment are you most proud of?

What is your advice for your family?

If you can’t ask your Grandpa these questions, you may have to do some sleuthing around. Ask your parents, or other relatives what your Grandfather’s life was like.
## My Grandfather’s Timeline

<table>
<thead>
<tr>
<th>Date</th>
<th>Age</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
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<td></td>
<td>My Father’s Father was born</td>
</tr>
</tbody>
</table>

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**Now Prove It**

Put an envelope here for documents from your Grandfather’s life, like a copy of his report card, a letter, a newspaper clipping, a copy of his birth certificate, marriage certificate or anything else that documents your Grandfather’s life.
Interview

My Father’s Mother

Who are your parents and brothers and sisters? Where was your family from?

What was your favorite thing to do when you were young?

How is the world different than it was when you were a child?

How did you meet my Grandfather?

What is the biggest choice that changed your life?

What were your schools and your jobs like?

What accomplishment are you most proud of?

What is your advice for your family?

If you can’t ask your Grandma these questions, you may have to do some sleuthing around. Ask your parents, or other relatives what your Grandmother’s life was like.
## My Grandmother’s Timeline

<table>
<thead>
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<th>Date</th>
<th>Age</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td></td>
<td>My Mother’s Mother was born</td>
</tr>
</tbody>
</table>

### Now Prove It

Put an envelope here for documents from your Grandmother’s life, like a copy of her report card, a letter, a newspaper clipping, a copy of her birth certificate, marriage certificate or anything else that documents your Grandmother’s life.
Interview

My Mother’s Father

Who are your parents and brothers and sisters? Where was your family from?

What was your favorite thing to do when you were young?

How is the world different than it was when you were a child?

How did you meet my Grandmother?

What is the biggest choice that changed your life?

What were your schools and your jobs like?

What accomplishment are you most proud of?

What is your advice for your family?

If you can’t ask your Grandpa these questions, you may have to do some sleuthing around. Ask your parents, or other relatives what your Grandfather’s life was like.
My Grandfather’s Timeline

Date                Age                Event

0                 My Mother’s Father was born

Now Prove It

Put an envelope here for documents from your Grandfather’s life, like a copy of his report card, a letter, a newspaper clipping, a copy of his birth certificate, marriage certificate or anything else that documents your Grandfather’s life.
Interview

My Mother’s Mother

Who are your parents and brothers and sisters? Where was your family from?

What was your favorite thing to do when you were young?

How is the world different than it was when you were a child?

How did you meet my Grandfather?

What is the biggest choice that changed your life?

What were your schools and your jobs like?

What accomplishment are you most proud of?

What is your advice for your family?

If you can’t ask your Grandma these questions, you may have to do some sleuthing around. Ask your parents, or other relatives what your Grandmother’s life was like.
My Grandmother’s Timeline

Date             Age                Event
0                 My Mother’s Mother was born

Now Prove It

Put an envelope here for documents from your Grandmother’s life, like a copy of her report card, a letter, a newspaper clipping, a copy of her birth certificate, marriage certificate or anything else that documents your Grandmother’s life.
Interview

Who are your parents and brothers and sisters? Where was your family from?

What was your favorite thing to do when you were young?

How is the world different than it was when you were a child?

What is your favorite family memory?

What is the biggest choice that changed your life?

What were your schools and your jobs like?

What accomplishment are you most proud of?

What is your advice for your family?

If you can’t ask your family member these questions, you may have to do some sleuthing around. Ask your parents, or other relatives what your family member’s life was like. Make as many copies of this page as you need.
My ____________ ‘s Timeline

Date    Age    Event

0            ________________ was born

Make as many copies of this page as you need.

Now Prove It

Put an envelope here for documents from your family member’s life, like a copy of their report card, a letter, a newspaper clipping, a copy of their birth certificate, marriage certificate or anything else that documents your family member’s life.
Time Machine Activities

Catapult Yourself Into The Future.

Making a scrapbook, a collage of pictures, or a drawing of your family is a great way to send yourself into the future. Be sure to be careful of your original photos and only use copies for art projects.

Or,
Make a paper doll family,
Fold a piece of paper back and forth like a fan.
Cut out a person shape making sure the arms touch the folded sides.
Decorate and name the each paper doll after a family member and find a good place to display your creation.

Or,
Put yourself in stone.
1. Collect some special rocks and obtain a package of cement from your local hardware store.
2. Dig a shallow hole the size of a stepping stone or use a mold.
3. Following the directions on the cement package, mix the cement and fill the mold or shallow hole.
4. Using a small stick, write your name in the cement, add stones and make a handprint.
5. Let the cement set and you have a permanent momento.