

My  
**DANISH**  
Ancestor



A **Zap** The Grandma Gap Activity Book

By Janet Hovorka & Amy Slade

# How To Use This Book

This activity book is designed to help create stronger bonds in modern families by encouraging the whole family to learn about their ancestors together. Greater knowledge about family history especially strengthens and empowers youth by creating self-esteem, resilience, and a greater sense of control over their lives. Studying the family's past also strengthens the relationships between living family members by creating a shared experience and core identity that no one else in the world can duplicate. Young people can take the lead to accomplish the activities in this book with their family members.

It is our hope that learning about your family's past together can be a fun and exciting adventure and that this book will help all of your family members discover joy in the quest to find out more about your ancestors.

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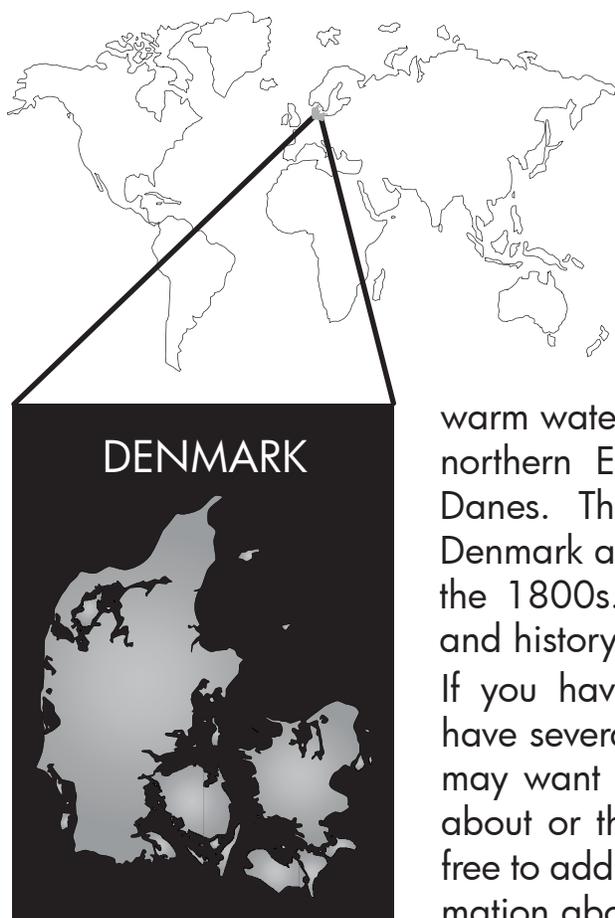
For more information, free downloads, quantity discounts and new resources go to [www.zapthegrandmagap.com](http://www.zapthegrandmagap.com)

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# Introduction



When you have ancestors from the Kongeriget Danmark (Kingdom of Denmark), you are part of a very beautiful culture. Danish people trace their history back to the Viking era and the current Queen can trace her ancestry back to King Gorm in the tenth century. Denmark is a beautiful country with gentle rolling hills and warm water coastlines, even though it is situated in northern Europe. Danish people are known as Danes. There were many Danish people who left Denmark and immigrated to America at the end of the 1800s. You can learn about their traditions and history in this book.

If you have one Danish ancestor, you probably have several Danish ancestors. For this book, you may want to focus on the one you know the most about or the one most interesting to you; but feel free to add other pages in the back with more information about other ancestors.



## Sections of this Book

The workbook starts with pages to fill in what you know about your ancestors and instructions on where to look for more information. Then there are pages with common cultural experiences which work like puzzle pieces to help fill in what the day to day lives of your ancestors were like. The pages with references that are not specific to your family members are marked at the bottom of the page with puzzle pieces. While you may not be sure that your ancestors experienced all of the details of this cultural knowledge, these are common experiences shared by many Danish people in the past and they very likely apply to your family.