

My  
**BRITISH**  
Ancestor



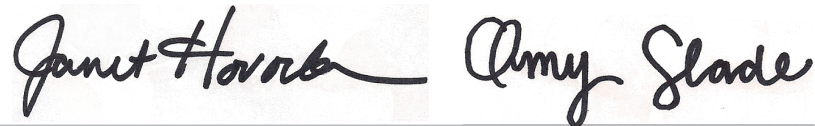
A **Zip** The Grandma Gap Activity Book

By Janet Hovorka & Amy Slade

# How To Use This Book

This activity book is designed to help create stronger bonds in modern families by encouraging the whole family to learn about their ancestors together. Greater knowledge about family history especially strengthens and empowers youth by creating self-esteem, resilience and a greater sense of control over their lives. Studying the family's past also strengthens the relationships between living family members by creating a shared experience and core identity that no one else in the world can duplicate. Young people can take the lead to accomplish the activities in this book with their family members.

It is our hope that learning about your family's past together can be a fun and exciting adventure and that this book will help all of your family members discover joy in the quest to find out more about your ancestors .



Janet Hovorka Amy Slade

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# Introduction



If you have British ancestors, you are really lucky. England is a beautiful country and has been important in the history of the world. England is part of the British Isles, which also includes Scotland to the North and Wales, Northern Ireland and Ireland to the West. England was the seat of the British Empire which

was the largest global power in history and at one time ruled over one fifth of the world's population. As a result, England's influence has been felt in governments, languages and culture around the whole world.

If you have one British ancestor, you probably have several British ancestors. For this book, you may want to focus on the one you know the most about or the one most interesting to you, but feel free to add other pages with more information about other ancestors.



## Sections of this Book

The workbook starts with pages to fill in what you know about your ancestors and instructions on where to look for more information. Then there are pages with common cultural experiences which work like puzzle pieces to help fill in what the day to day lives of your ancestors were like. The pages with references that are not specific to your family members are marked at the bottom of the page with puzzle pieces. While you may not be sure that your ancestors experienced all of the details of this cultural knowledge, these are common experiences shared by many English people in the past and very likely apply to your family.